## "HONORING VETERANS TOGETHER"

May/June 2025 SUPPLEMENT

MUST BE READ AT MEETING

Volume 3 - Issue 10

Here is a supplement of two more reports that can be read at your May or June meeting.

## **VETERANS & FAMILY SUPPORT**

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We accomplished a lot over the year. Continue to navigate the numerous programs for Veterans and Family Support presented throughout the year for ex: MFLO's, Military OneSource, VSO, TriCare, VA, etc.

May is Mental Health Awareness month - navigate the system to find speakers for Veterans and their families, help find support for mental health care, PTSD, and suicide prevention and awareness and how to help families understand the signs and symptoms. Request resources in Power Point Presentation from Department Chairman Kathie. Notify day care centers for child support while veteran is receiving therapy, pay mental health copays for veterans. Offer transport to therapy sessions.

Remember: The Crisis Line Number: https://www.veteranscrisisline.net/ Also carry the Veteran Resource Rack cards which are available on National auxiliary site. This is crucial for the struggling veteran. Adopt one or more 2025 VFW Priority goals, also check out the following site for mental wellness <a href="https://www.vfw.org/assistance/mental-wellness">https://www.vfw.org/assistance/mental-wellness</a> Check out their needs with your local CVSO who also have a fund that help support those needs.

National PTSD Awareness Day => June 27, 2025 which brings awareness about issues related to PTSD. Find resources here for PTSDhttps://www.hfotusa.org/top-ptsd-resources-for-military-veterans/. Encourage open discussions with Veterans & Their Families. Remember Women veterans & their needs.

## Check out the following:

- The Center for Women's Veterans at the following site <a href="https://www.va.gov/womenvet/">https://www.va.gov/womenvet/</a> for a plethora of programs, support, improved outcomes, and access to VA benefits, services, and opportunities for women Veterans.
- If your county has a County Human Services Department which supports mental health for veterans. Donations are needed.
- Operation Booty
- If the National Guard in your area has family days and find out their needs and donate for assistance with child care, home care, etc., if deployed.

From our Roots to our Branches Extending Service to our Veterans as we are "Honoring Veterans Together"

## **EXTENSION AND REVITALIZATION**

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Brothers and Sisters, our Auxiliary year of "Honoring Veterans Together" will shortly be coming to an end. Now is the time to reflect, celebrate and prepare to transition to a new Program year. Were your expectations met? If not its time to regroup and prepare for next year. As you reflect on last year it's time to celebrate on what you did accomplish. Celebrate the awesome projects your Auxiliary did for our Veterans and their families. Celebrate the exposure to patriotism and projects provided to our youth. Celebrate YOU, for if not for YOU, there wouldn't be the Auxiliary.

Now transition! We cannot lose sight that we still have work to do for 2024-2025 Program year. Membership continues to need our attention and we must not stop now. Many Auxiliaries are so close to reaching their 100% or better mark. Don't forget you still have a phone, USE IT, get those members. Congratulations to all that will assume offices in 2025-2026. I hope you all have an amazing year and accomplish great things. Mentors, please offer guidance, assistance and support to these new officers.

This is my last bulletin as your Chief of Staff. I hope that I have represented your Department and President Cheryl well. Thank you! Thank you for sharing your time, talents, money and dedication to your Auxiliaries and all that this great organization represents.

GOD BLESS, hope to see you at Convention.

**2024-2025 WI VFW AUXILIARY** 

thank!



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